



Midnight Sun Complex Pool Schedule



Family Centre Front Desk Hours Of Operation

Monday 8:00am - 12:00pm, 1:00pm - 5:00pm Tuesday 8:00am - 5:00pm
 Wednesday, Thursday, Friday 8:30am - 10:30pm Saturday & Sunday 12:00pm - 7:00pm

	Wednesday	Thursday	Friday	Saturday	Sunday
Lane/Family Swim	11:00am- 1:00pm	11:00am- 1:00pm	11:00am- 1:00pm		
Public Swim	4:00pm- 5:00pm	4:00pm- 5:00pm	4:00pm- 5:00pm	12:00pm- 2:00pm	12:00pm- 2:00pm
Swim Team	5:00pm-7:00pm	5:00pm-7:00pm	5:00pm-7:00pm		
Lane Swim	6:00pm- 7:00pm	6:00pm- 7:00pm	6:00pm- 7:00pm	9:00am- 11:00am	
Family Swim	7:00pm- 8:15pm	7:00pm- 8:15pm	7:00pm- 8:15pm	3:00pm- 5:00pm	3:00pm- 5:00pm
Aqua fit	8:15pm- 9:15pm	8:15pm- 9:15pm		11:00am- 12:00pm	5:00pm- 6:00pm
Adult Swim	9:15pm- 10:15pm		9:15pm- 10:15pm	6:00pm- 7:00pm	6:00pm- 7:00pm
Teen Swim		9:15pm- 10:15pm	8:15pm- 9:15pm		
Private Rental				2:00pm- 3:00pm	2:00pm- 3:00pm
Swim Lessons	4:00pm- 7:00pm		4:00pm- 7:00pm		

Pool Fees

Children (0-6) Free	Adult (19-59) \$ 6.00 — 10 Punch Pass \$45.00
Youth (7-18) \$3.00 — 10 Punch Pass \$25.00	Family \$10.00 — 10 Punch Pass \$75.00
Student (19+) \$4.00 — 10 Punch Pass \$30.00	Senior (60+) \$ 3.00 — 10 Punch Pass \$25.00

Lane Swimming

Are you interested in swimming some laps? Can't make it to the scheduled lane swim? The Inuvik Family Centre is pleased to offer one lane for lap swimmers during Adult, Public and Family

Aqua Fit

Aqua Fitness classes allow participants a gentle, non-impact workout. Classes include a cardio workout and resistance training. No swimming skills required as all exercises can be done in shallow water.

Family Swim

Requires a parent or guardian to be in the pool at all times with their family members. All members of the swimming family must be related and reside in the same household. (Parent/guardian must be 19)

Squash

The Inuvik Family Centre has two regulation squash courts available for \$12 per hour or players are encouraged to purchase a 10 punch pass for \$100. Racquets, ball and goggles are available for rent for \$5 per set.

** It's free for all registered SHSS students*

Fitness Centre

Day pass - \$5.00 1 Week - \$20.00 1 Month - \$40.00 3 Months - \$100.00 1 Year - \$350.00
 Plus a \$20 deposit on all new/replacement gym cards