

LSS First Aid Instructor

First Aid Instructors are responsible for teaching and evaluating candidates participating in the Lifesaving Society first aid programs they are certified in.

Pre-requisites: Current Intermediate First Aid & current Lifesaving Instructor

Cost: \$225

Dates: Sundays February 18 & 25

Time: 11:00am – 8:00pm

LSS National Lifeguard Instructor

National Lifeguard Instructors are responsible for teaching and evaluating candidates participating in the National Lifeguard Pool, Waterpark, Waterfront and Surf programs.

Pre-requisites: Current National Lifeguard & current Lifesaving Instructor

Cost: \$225

Dates: Saturday & Sunday April 13 & 14

Time: 11:00am – 8:00pm

CFES Aquafit Instructor

Aquafit Instructors plan, choreograph, and lead aquatic fitness classes in a safe and fun way.

Part 1: Fitness Knowledge

Pre-requisites: Intermediate First Aid (IFA)

Cost: \$300

Dates: Saturday, Sunday March 16-17 & March 23-24

Time: 11:00am – 8:00pm

Part 2: Aquafit Instructor

Pre-requisites: IFA & Fitness Knowledge

Cost: \$300

Dates: Saturday, Sunday May 25-26 & June 1-2

Time: 11:00am – 8:00pm

Start your career today!

Stop by the MSC or call 777-8640 to register.

Payment required upon registration.

Must be able to attend 100% of course time.



Canadian Fitness
Education Services

Become A Lifeguard and More!

2024 Spring Aquatic Course Guide



TOWN OF INUVIK
Northwest Territories



LSS Intermediate First Aid

This course is for those who want an in-depth understanding of first aid. Includes CPR-C and AED certification.

Pre-requisites: None

Cost: \$150.00

Dates: Saturday, Sunday March 9-10

Time: 11:00pm – 8:00pm

LSS Bronze Medallion

Bronze Medallion challenges the candidate both mentally and physically. This is the second step toward becoming a lifeguard.

Pre-requisites: 13 years old & CPR C

Cost: \$200.00

Dates: Saturday, Sunday March 23-24

Time: 11:00pm – 8:00pm

LSS Bronze Cross

Bronze Cross begins the transition from lifesaving to lifeguarding and prepares candidates for responsibilities as an assistant lifeguard.

Pre-requisites: Intermediate First Aid and Bronze Medallion

Cost: \$200.00

Dates: Friday, Saturday, Sunday April 19-21

Time: Friday 5:30-9:30pm, Sat/Sun 11:00-8:00pm

LSS National Lifeguard

National Lifeguard training develops a sound understanding of lifeguarding principles, good judgment, and a mature and responsible attitude toward the role of the lifeguard.

Pre-requisites: 15 years old, Intermediate First Aid & Bronze Cross

Cost: \$325.00

Dates: Friday, Saturday, Sunday June 8-9 & 14-16

Time: 11:00pm – 8:00pm

LSS Swim & Lifesaving Instructor

Swim Instructors are responsible for teaching and evaluating candidates participating in the Swim for Life® and Canadian Swim Patrol programs. Lifesaving Instructors are responsible for teaching and evaluating candidates participating in the Canadian Swim Patrol, Junior Lifeguard Club, Bronze Medals, Distinction, Boat Rescue and Lifesaving Society CPR programs.

Pre-requisites: 15 years old, Intermediate First Aid & Bronze Cross

Cost: \$400

Dates: Saturday, Sunday April 27-28, May 4-5 & May 11

Time: 11:00am – 8:00pm



LIFESAVING SOCIETY

The Lifeguarding Experts

